

GUIDED PRAYER STEP 2

Ezekiel 36, 24-28

The text we are going to pray with together today is Ezekiel 36, verses 24 to 28.

I will give you a moment to find it.

The Prophet Ezekiel, chapter 36, verses 24 to 28.

I take time to settle myself inwardly, physically, and bodily.

I adopt a stable position; sitting is perfectly fine.

Or another position, the one I prefer, in which I can remain for twenty minutes.

And I take time to let my body settle, letting the tensions of the day fall away, so that I may be fully available.

For this time, this unique space-time that is prayer, to seek the presence dwelling in the depths of my heart.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Spirit; Lord, thank you for your Spirit who brings me into your presence.

I would now like to remove my sandals, like Moses approaching the burning bush, for I am entering holy ground.

The land of your presence, you who dwell in the depths of my being; I wish to meet you there.

Come, Holy Spirit, Spirit of light, sanctifying Spirit, source of joy and peace,

Spiritual Master, guide of all prayer.

Come, Holy Spirit.

From the prophet Ezekiel.

I will take you from among the nations, gather you from all countries, and bring you into your own land.

I will sprinkle clean water upon you, and you shall be cleansed.

From all your impurities and from all your idols, I will cleanse you.

I will give you a new heart and put a new spirit within you.

I will remove from you your heart of stone and give you a heart of flesh.

I will put my Spirit within you and enable you to walk according to my statutes and faithfully keep my commandments.

You shall dwell in the land I gave to your ancestors; you shall be my people, and I will be your God.

I will take you from among the nations, gather you from all countries, and bring you into your own land.

I will gather you from all those places where your sin has scattered you.
I will gather you into communion of life with me.
I will gather you, who have been divided, into communion with one another through communion with me.
I will gather you in love.
I will bring you into your land.
I will lead you into this land for which you hope, this land where the communion for which you were created is lived out.
Into this land of the Covenant.
I will lead you where you were unable to remain; I will lead you there again.
I will sprinkle clean water upon you and you shall be cleansed.
I will sprinkle clean water upon you.
This is my work.
If you are willing to offer yourselves to it, I will sprinkle clean water upon you.
And you shall be cleansed.
You will indeed be.
If you welcome my water, my living water, the water of my love, you shall be cleansed.
You will indeed be.
It is my work.
From all your impurities and all your idols, I will cleanse you.
From all those idols that consume you,
from all those idols that estrange and divide you,
from all those idols that wear you down,
from all those idols that lead you astray and separate you from the communion for which you were created,
I will cleanse you.
I will free you from them.
I will cleanse you.
Set me free, Lord.
From all my addictions, set me free, Lord.
From all my despair, set me free, Lord.
From all my sorrows, set me free, Lord.
From all my shortcomings, set me free, Lord.
I will bring you into your land.
I will give you a new heart.
I will put a new spirit within you.
I will put a new spirit within you.
A new spirit.
Within me.
A new heart.
Within me.

I will remove from you the heart of stone
I will give you a heart of flesh.
I beg you, Lord.
Come and change my heart of stone.
Give me a heart of flesh.
I will give you a heart of flesh.
Lord, I cannot give myself this heart of flesh.
Here is my heart of stone.
Transform it.
I place my hope in you.
I place my hope in this new spirit that you will breathe into me.
In the deepest core of my being.
In the depths of my inner self.
I will give you a new heart.
Lord, give me a new heart.
A heart that knows how to love.
A heart free from bitterness.
A heart freed from selfishness and self-centeredness.
I beg you, Lord.
Come and change my heart of stone.
Give me a heart of flesh.
A trusting heart.
An open heart.
A heart that knows how to receive love and love in return.
I will remove from you the heart of stone.
I will give you a heart of flesh.
Lord, all those moments when I become more aware of the reality of my heart of stone.
I ask that this may become less and less frequent, and that it may not become an occasion for despair or turning in on myself.
Rather, may it be the joy of turning toward the healer.
The joy of letting you transform my heart.
Where I do not know how.
Where I am unable.
This is what I await from you, Lord.
I will put my Spirit within you.
I will cause you to walk according to my laws.
That you may keep my commandments.
And remain faithful to them.
I will place within you.
You will place within me.
Your Spirit.
The Spirit of Jesus.

Spirit of the One who loves completely.
Spirit of the gentle and humble Heart of Jesus.
I will cause you to walk according to my laws.
You will do it, Lord.
I believe it.
I welcome the passing of time.
I welcome the time of growth and journeying.
I welcome the time of letting you act.
What only you can do.
I will cause you to walk.
According to my laws.
According to the law of love.
I will enable you to walk.
According to the law of love.
Which is not afraid to love to the very end.
Because it knows itself to be so greatly loved.
Do it, Lord.
Enable me to walk.
Help me to rise up.
Grant that I may...
That I may walk
following in your footsteps.
with you
Free.
Free to love.
Do it, Lord.
I would like to learn how to walk.
I would like to let you teach me how to walk.
According to this law of the Kingdom
which is the law of love.
The law of the gentle and humble heart.
I will enable you to keep my commandments.
And remain faithful to them.
You shall dwell in the land
that I gave to your ancestors.
You shall be my people.
And I,
will be your God.
Do it, Lord.
Teach me how to live.
To live.
To live according to the fullness of life you offer me.
To live in covenant
with the God of love.

To live in order to learn how to love.
To live so as to love with a new heart.
Your gentle and humble heart.
To live moved by your Spirit.
Spirit of gentleness,
of love, of tenderness,
of peace and joy.
We can now,
for about ten minutes,
once again,
pray in the silence of our hearts.
Let one verse or another
or one word or another
that has stood out most to you.
do its work in my heart,
in the hidden depths of my heart.
I can simply repeat it,
turn it over within me,
and allow, from the depths of my heart,
my heart to respond to this word.
Let my own words,
inspired by this Word
answer love with love.
let this Word awaken my freedom
to respond to the One who desires me
to live in covenant with Him.